



*FLOWpresso™ is a sensory system that delivers a three-therapy approach, which helps with stress, fatigue and sleep to restore balance and cultivate health.*



### *Compression*

*FLOWpresso delivers cyclic compression to different areas of the body. Each chamber inflates sequentially, before its predecessor completely deflates. Compression allows the body to change the way it moves, to let go and encourage the body to release toxins.*

### *Far Infrared Heat*

*FLOWpresso applies far infrared heat to each of the four sections of the garment to encourage a relaxing, sleep-promoting effect along with encouraging an improved state of health. The far infrared heat embraces the body with a gentle healing warmth allowing the body to rest and relax in such a way that helps restore balance.*

### *Deep Pressure Therapy*

*FLOWpresso applies deep pressure to the body - similar to a hug - through each individual chamber, serving a profoundly relaxing effect, allowing the body to calm and release the daily stress of life.*



*FLOWpresso has been seen to:*

- *Promote relaxation;*
- *Improve energy;*
- *Support stress management;*
- *Improve recovery in health and sport;*
- *Improve endurance in sport;*
- *Promote sleep management;*
- *Promote weight loss;*
- *Improve general mobility;*
- *Encourage regulation and balance to enhance the natural healing state of the body.*